



CoReMH

CONSORTIUM ON
REFUGEES' & MIGRANTS'
MENTAL HEALTH

ANNUAL REPORT

Consortium on Refugees' and Migrants' Mental Health is an informal network of mental health professionals working with people on the move in the European transit context.



YEAR 5

Throughout 2025, we used CoReMH meetings to reflect on changing migration dynamics in the European transit route and their implications for refugee MHPSS. We discussed how shifting routes, policies, and public attitudes are affecting the mental health of people on the move. There seems to be a high demand for mental health services alongside shrinking resources, resulting in limited coverage and unequal access, particularly in remote locations. NGOs continue to play a central role in service provision but face increasing financial and institutional constraints. Restricted access to asylum, weakening support systems, less welcoming public attitudes, and more dangerous migration routes were identified as significant risk factors for refugee mental health.

NETWORK YEAR 2025 HIGHLIGHTS

- 1 new network member from Serbia
- 1 research article published on [refugee posttraumatic growth](#)
- 3 General Meetings held
- 3 Local Updates published

On CoReMH's fifth anniversary, we would like to thank our members for their continuous dedication, cooperation and hard work.

December 2025